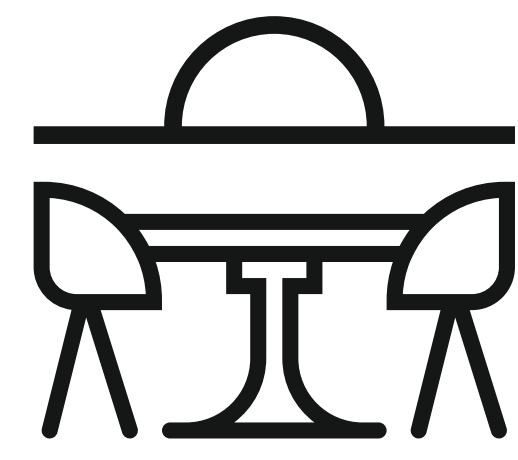


MENU



LA TERRAZZA

DEL NEW LIFE

COLAZIONI

BREAKFAST

Colazione Benessere

"PER UN'ABBRONZATURA IMPECCABILE"
Healthy Breakfast, to fix the tan

BEVANDA CALDA
hot drink
CENTRIFUGA ABBRONZANTE
blending centrifuge
YOGURT E CEREALI
yogurt and cereals
€ 5,80

Colazione Completa

Full Breakfast

BEVANDA CALDA
hot drink
SUCCO D'ARANCIA
orange juice
BRIOCHE
croissant
YOGURT
yogurt
PANE TOSTATO BURRO MARMELLATA/NUTELLA
E FETTE BISCOTTATE
toasted bread, butter, jam or nutella and biscuit "rusks"
€ 7,00

CON AGGIUNTA DI / adding € 4,00

UOVA CON BACON O PROSCIUTTO COTTO
eggs with bacon or with ham

CAFFETERIA

CAFE

CAFFÈ ESPRESSO O AMERICANO espresso or american coffee	€ 1,20
CAPPUCCINO cappuccino	€ 1,50
CAPPUCCINO SMILE «AROMATIZZATO» regular/ large Flavored	€ 1,80 / € 2,30
CAPPUCCINO D'ORZO O DECAFFEINATO barley or decaffeinated cappuccino	€ 1,60
LATTE MACCHIATO milk and coffee	€ 1,80
CAFFÈ D'ORZO O DECAFFEINATO barley or decaffeinated coffee	€ 1,30
CAFFÈ AL GINSENG-GINSENG ALLO	
ZENZERO-NOCCIOLINO ginger or ginger ginseng or hazelnut coffee	€ 1,50
CIOCCOLATA CALDA hot chocolate	€ 2,30
DIGER SELZ	€ 1,30
CAFFÈ CORRETTO correct coffee brandy	€ 2,30
MAROCCHINO *maroccan coffee with milk and cocoa	€ 1,50
LATTE E CACAO milk and chocolate	€ 1,50
TE-INFUSIONI VARIE tea or chamomile	€ 1,50
LATTE BIANCO white milk	€ 1,30
CAFFÈ SHAKERATO iced coffee	€ 2,50

BIRRE

BEERS

HEINEKEN ALLA SPINA 0,20 cl heineken, drought beer 0,20 cl	€ 2,70
HEINEKEN ALLA SPINA 0,40 cl heineken, drought beer 0,40 cl	€ 4,50
ICHNUSA IN BOTTIGLIA 0,33 cl sardinian beer, Ichnusa in bottle 0,33 cl	€ 2,80
ICHNUSA NON FILTRATA IN BOTTIGLIETTA 0,33 cl unfiltered sardinian beer in bottle 0,33 cl	€ 3,50
BIRRE SPECIALI IN BOTTIGLIETTA 0,33 cl special beer in bottle 0,33 cl	€ 4,00

TABELLA ALLERGENI



*ALCUNI PRODOTTI POTREBBERO ESSERE CONGELATI
*SOME ARE FROZEN PRODUCTS
AGGIUNTA INGREDIENTI PIZZA € 1,00
THE ADDITION OF ANOTHER INGREDIENT IN PIZZA € 1,00

ANALCOLICI

SOFT DRINKS

BIBITE IN BOTTIGLIA 0,33 cl bottled soft drink 0,33 cl	€ 2,60
ARANCIATA-TONICA, ETC IN BOTTIGLIA 0,20 cl bottled orangeade, tonic 0,20 cl	€ 2,60
POWERADE powerade	€ 3,00
SUCCHI DI FRUTTA 0,20 cl fruit juices 0,20 cl	€ 2,50
BURN-RED BULL energy drink	€ 3,50
SPREMUTA orange squash	€ 3,80
SCIROPPO CON ACQUA MINERALE syrup with mineral water	€ 1,80
SCIROPPO CON LATTE milk and syrup	€ 2,00
SUCCO DI MIRTILLO cranberry juice	€ 2,80
ACQUA MINERALE IN BICCHIERE mineral water in tumbler	€ 0,50
ACQUA MINERALE IN BOTTIGLIA 0,50 lt mineral water in half-liter bottle	€ 1,20
ACQUA MINERALE IN BOTTIGLIA 1,50 lt mineral water in 1.5 l bottle	€ 2,00
BIBITE-TÈ FREDDO IN LATTINA soft drinks and iced tea in cans	€ 2,70
CEDRATA citrus lemonade	€ 3,00
GINGER BEER ginger beer	€ 3,00

APERITIVI

APERITIFS

BITTER ANALCOLICO-CRODINO non alcoholic aperitif - crodino	€ 2,50
CAMPARI SODA-APEROL SODA	€ 3,00
CRODINO TWIST AGRUMI O FRUTTI ROSSI crodino twist, citrus or red fruits	€ 3,00
VINO VERMENTINO DOC-CANNONAU IN BICCHIERE vermentino white wine DOC - cannonau red wine in glass 0,10 cl	€ 2,70
PROSECCO IN BICCHIERE 0,10 cl prosecco sparkling wine in glass 0,10 cl	€ 3,00
SPRITZ APEROL-CAMPARI-HUGO campari or aperol or elderberry sparkling wine and soda	€ 4,30
SPRITZ FRUTTATO ANALCOLICO non alcoholic fruity spritz	€ 4,00

LIQUORI E DISTILLATI

LIQUORS AND SPIRITS

NAZIONALI (AMARI-MIRTO) national liquors (digestive liquor - mirto)	€ 3,00
ESTERI (WHISKY-RUM) foreign liquor	€ 3,50
DISTILLATI INVECCHIATI (RUM 7ANNI-GRAPPA BARRICATA-JACK DANIELS) aged spirit	€ 4,00

LONG DRINKS

LONG DRINKS ANALCOLICI ALLA FRUTTA non-alcoholic fruit based long drinks	€ 5,00
VIRGIN COLADA SCIROPPO DI COCCO, SUCCO D'ANANAS coconut syrup and pineapple juice	€ 5,00
PINA COLADA RUM, SCIROPPO DI COCCO, SUCCO D'ANANAS rum, coconut syrup, pineapple juice	€ 7,00
GIN TONIC gin, tonica	€ 6,00
CUBA LIBRE RUM, COCA COLA rum, coke	€ 6,00
CUBA LIBRE CON DISTILLATO INVECCHIATO rum with aged spirit	€ 7,00
WHISKY E COCA COLA whisky, coke	€ 6,00
TEQUILA SUNRISE TEQUILA, SUCCO ARANCIA, SCIROPPO GRANATINA tequila, orange juice and grenadine syrup	€ 7,00
MOSCOW MULE VODKA, GINGER BEER, SUCCO DI LIME vodka, ginger beer, lime juice	€ 7,00
MOJITO RUM, MENTA, LIME, ZUCCHERO DI CANNA, SODA rum, mint, lime, brown sugar, soda	€ 7,00
SEX ON THE BEACH VODKA LIQUORE DI PESCA, SUCCO ARANCIA, SUCCO MIRTILLO vodka, peach liquor, orange juice, cranberry juice	€ 7,00
IOVEM MULE IOVEM, SUCCO DI LIME, GINGER BEER iovem, lime juice andiovem, lime juice and ginger beer	€ 7,00
THUNDER TONIC IOVEM, ACQUA TONICA iovem, tonic water	€ 7,00

COCKTAIL APERITIVI

AMERICANO MARTINI ROSSO, BITTER CAMPARI red martini, bitter campari	€ 7,00
DRY MARTINI martini dry, gin	€ 7,00
NEGRONI GIN, MARTINI ROSSO, BITTER CAMPARI gin, red martini, bitter campari	€ 7,00
MARGARITA TEQUILA, COINTREAU, LIMONE, SALE tequila, cointreau, lemon and salt	€ 7,00

AFTER DINNER

BLACK RUSSIAN VODKA, LIQUORE AL CAFFÈ vodka, coffee liquor	€ 7,00
CHUPITO brandy, crema di menta	€ 3,50
STINGER BRANDY, CREMA DI MENTA brandy, crema di menta	€ 7,00
CAIPIRINHIA CACHAÇA, LIME, ZUCCHERO DI CANNA cachaça, lime, brown sugar	€ 7,00
CAIPIROSKA VODKA, LIME, ZUCCHERO DI CANNA vodka, lime, brown sugar	€ 7,00

Menu

PRIMI PIATTI PRONTI/FIRST READY MEALS

SPAGHETTI CON POMODORO E BASILICO spaghetti wit tomato and basil	€ 9,00
PENNETTE AL SALMONE penne with salmon	€ 9,50
LASAGNE ALLA BOLOGNESE lasagne with meat sauce	€ 9,50
PENNETTE ALL'AMATRICIANA penne with smoked bacon, tomato and parmesan cheese	€ 9,50
TAGLIOLINI VERDI SPECK E GORGONZOLA green thin tagliatelle with smoked ham and blue cheese	€ 9,50

INSALATE, PIATTI FREDDI E CALDI/SALADS, HOT AND COLD MEALS

TAGLIERE MISTO SARDO sardinian assorted cold meat and cheese	€ 11,00
PROSCIUTTO CRUDO E MOZZARELLA parma ham and mozzarella	€ 9,80
INSALATA GHIOTTONA insalata verde, mais, pomod, mozzarella, tonno	€ 9,00
INSALATA ESTIVA julienne-cut carrots, mozzarella cheese, tuna, olives, tomato	€ 9,00
INSALATA DI POLPO E PATATE octopus and potato salad	€ 11,00
CALAMARI FRITTI E PATATINE FRITTE fried calamari and french fries	€ 14,80
HAMBURGER ALLA PIASTRA CON INSALATA VERDE O PATATINE 2 grilled burgers with green salad or french fries	€ 8,00
CAPRESE tomato and mozzarella	€ 8,00
INSALATA VERDE E/O POMODORO green salad or with tomato	€ 3,50
PIZZA MARGHERITA pizza, tomato and mozzarella cheese	€ 5,50
PIZZELLA MARGHERITA MEDIA OVALE medium size pizza, tomato and mozzarella cheese	€ 3,50
PIZZELLA SALAME PICCANTE medium size pizza, spicy salami and mozzarella cheese	€ 4,00
PATATINE FRITTE french fries	€ 3,50
WÜRSTEL E PATATINE FRITTE frankfurter, fried potatoes	€ 8,00
MILANESE DI POLLO E PATATINE chicken milanese, fried potatoes	€ 8,50
BRACIOLA DI MAIALE E PATATINE FRITTE pork chop with fried salad	€ 9,80

SNACK & PANINI/SANDWICH

PANINO CON AFFETTATO sandwich with ham or salami or fontina cheese	€ 3,50
PANINO POMODORO E MOZZARELLA sandwich with tomato and mozzarella cheese	€ 4,40
PANINO PROSCIUTTO COTTO E FORMAGGIO sandwich with ham and cheese or salami and cheese	€ 4,00
PANINO VEGETARIANO sandwich with eggplant or zucchini grilled, mozzarella cheese, cocktail sauce	€ 5,00
PANINO PROSCIUTTO CRUDO, MOZZARELLA, SALSA AURORA sandwich with parma ham, mozzarella cheese, and cocktail sauce	€ 4,80
PANINO CON COTOLETTA DI POLLO E LATTUGA sandwich with lettuce and chicken cutlet	€ 5,50
PANINO TONNO, POMODORO, INSALATA VERDE sandwich with tuna, tomato and lettuce	€ 4,80
CHEESEBURGER IN SALSA AURORA cheeseburger, cocktail sauce	€ 4,00
HOT DOG CON SENAPE hot dog with mustard	€ 3,50
PANINO RUSTICO sandwich, dry-salted beef, parmesan cheese and rocket	€ 5,50
BIG TOAST PROSCIUTTO COTTO E FONTINA big toast with ham and cheese	€ 3,50
TRAMEZZINO sandwich "tramezzino", tuna and tomato or ham and cheese	€ 2,80

DESSERT E FRUTTA/DESSERTS AND FRUIT

FRULLATI DI FRUTTA FRUIT SMOOTHIES	€ 5,50
MACEDONIA FRUIT SALAD	€ 5,00
GRANITA SALSA FRUFFY	€ 3,50
CREMA AL CAFFÈ SMALL ICED COFFEE CREAM	€ 2,80
CREMA AL CAFFÈ ELABORATA BIG ICED COFFEE WITH CHOCOLATE SAUCE	€ 4,30
FRAPPE ICE CREAM MILK-SHAKE	€ 3,50
SEADAS* CON MIELE O ZUCCHERO SARDINIAN FRIED SWEET RAWJOLD WITH CHEESE, GUARNISHED WITH HONEY OR SUGAR	€ 4,50
DESSERT DEL GIORNO DESSERT OF THE DAY	€ 5,80
BRIOCHE CROISSANT	€ 1,30
COPPE GELATO/ICE-CREAM CUPS	
COPPA MISTA CREME MIXED ICE CREAM CUP - 3 gusti di gelato alla crema e panna montata	€ 4,80
COPPA MISTA FRUTTA MIXED FRUIT ICE CREAM CUP - 3 gusti di gelato alla frutta e panna montata	€ 4,80
AFFOGATO AL CAFFÈ ICE CREAM AND COFFEE - vanilla ice cream and coffee	€ 4,00
COPPA MANGIA E BEVI FRUIT SALAD AND ICE CREAM CUP - fruit salad with 2 flavors of ice cream and whipped cream	€ 6,50
AFTER EIGHT chocolate ice cream with mint sauce and whipped cream	€ 4,50

LISTA VINI

WINE LIST

VINI ROSSI/RED WINE	
FILIERI ROSSO CANNONAU - Dorgali 0,75 LT	€ 15,00
VINO ROSSO IN CARAFFA 1 LT RED WINE IN A LITER	€ 10,00
VINI BIANCHI/WHITE WINE	
VERMENTINO BLU - S. M. La Palma 0,75 LT	€ 15,50
VIGNE PIRAS VERMENTINO - Tempio 0,75 LT	€ 18,00
VINO BIANCO IN CARAFFA 1 LT WHITE WINE IN A LITER	€ 10,00
VINI ROSATI/ROSE WINE	
ROSÉ DI ALGHERO - SELLA E MOSCA 0,75 LT	€ 18,00
SPUMANTE BRUT SPARKLING WINE IN BOTTLE	€ 25,00